

**SOUTHWESTERN UNIVERSITY
ASSUMPTION OF RISK**

In consideration of Southwestern University (the "University"), allowing the undersigned to participate in certain endeavors, including, but not limited to, the use of the Corbin J. Roberson Center, Walzel Gymnasium, Walzel natatorium, all related facilities and equipment (collectively "Robertson Center"), and activities incidental thereto, the undersigned (hereinafter referred to as "Participant") hereby agrees to the following:

1. Participant recognizes and understands that certain risks of harm are inherent and that there are dangers involved that cannot be fully foreseen and over which the University has no control which could result in property damage, bodily injury or death.
2. Participant understands that there are dangers and inherent risks in playing or participating in any fitness activity or sport (such as walking, climbing, running, stretching, weightlifting, swimming, aerobic exercise, fitness assessment, stress tests, etc.) that include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, serious injury related to the eye and/or head, serious injury to virtually all internal organs, serious injury to all bones, joints, ligaments, muscles, tendons, and other parts of the muscular/skeletal system, and serious injury or impairment to other aspects of my body and general health and well being.
3. The University strongly suggests that the Participant seek medical advice prior to engaging in any fitness activity or sport (such as walking, climbing, running, stretching, weightlifting, swimming, aerobic exercise, fitness assessment, stress tests, etc.), and activities incidental thereto.
4. Participant agrees to assume all risks and responsibility for any and all claims for damages, including personal injury or death, and for any medical expense which may be incurred by Participant during any fitness activity or sport, and activities incidental thereto.
5. I have read the above agreement and foregoing and have willingly signed the same for the consideration expressed and with a full understanding of its purpose. Participant represents that he/she is 18 years of age or older or, if not, that his/her legal guardian is also signing this agreement.

Name of Participant: _____

Address if Participant: _____

Date: _____ Signature: _____

If the Participant is not 18 years of age or older, the signature of the Participant's parent or guardian is required.

Parent or Guardian

In case of emergency:

Name: _____

Phone Number: _____

Address: _____

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